



# COMMANDO STEVE

**THERE ARE NO EXCUSES!**

## BOOT CAMP

**WITH THE COMMANDO  
AS SEEN ON  
'THE BIGGEST LOSER'**

**KICK START YOUR LIFE WITH A 3 DAY  
EMPOWERING COURSE IN BEAUTIFUL  
LAMINGTON NATIONAL PARK.  
DAILY TRAINING WITH THE COMMANDO, ADVENTURE  
ACTIVITIES & NUTRITION ADVICE**

**18<sup>TH</sup> - 21<sup>ST</sup> MAY 2010**

**LIMITED SPACES, DON'T MISS OUT!!**

Quote Name - TACO when booking

**Binna  
Burra**  
Lamington National Park



**Ph: 1300 246 622**

**[www.binnaburrallodge.com.au](http://www.binnaburrallodge.com.au)**

